

# What Is the 2006-07 Wellness Policy?

- ⌘ On June 30, 2004, President Bush signed the Child Nutrition Reauthorization Act of 2004 into law which contains a local school wellness policy provision
- ⌘ This provision requires that every school districts enact a wellness policy by the first day of the 2006-07 school year
- ⌘ School district policies must address:
  - Goals for nutrition education
  - Goals for physical activity
  - Nutrition guidelines for all foods available in school
  - Goals for other school-based activities designed to promote student wellness
  - Assurances that school meal guidelines are not less restrictive than federal requirements
  - Plans for evaluating implementation of the policy
  - Development of the local school wellness policy must involve parents, students, school foodservice staff, school board, school administrators and the public